



FOR THE
Love of Dog
Real-Life Training for Real Families.

PUPPY PRE-K

YOUR HOME GUIDE



www.orovilledogtraining.com

Congratulations on your new puppy!

This is an exciting time for both of you! You can get all the snuggles, pics for the gram, and nose boops.

This goes by so fast!

Remember, we offer [virtual coaching](#) and problem-solving to help you get off on the right paw, and you've already taken those steps by getting this manual, so great job!



Empowering Humans and Families through Canine Connection:

Our mission is to foster harmonious relationships between humans, families, and their beloved canine guardians. With a focus on obedience, mindset, and socialization, we are dedicated to creating a safe and joyful environment where dogs thrive as well-mannered members of the family.

Through compassionate training and personalized guidance, we aim to build an unbreakable bond that enhances both human and canine lives, fostering a future of balanced companionship and lasting memories.



Our Values

Companion-Centric Training:

We are dedicated to fostering a companionship-centered approach to dog training, emphasizing that dogs are valuable partners who walk alongside their owners, instead of behind them, sharing a journey of mutual growth and understanding.

Empathy-Driven Training:

Our philosophy focuses on cultivating obedience through compassion and understanding your dog's unique communication style and individual needs. We believe that a trusting and respectful relationship is the foundation for a well-behaved and joyful dog.

Transparency and Empowerment:

We stand by open and honest communication, working hand-in-hand with each dog owner. Our aim is to empower and support them in becoming confident leaders for their animals, fostering a lasting connection built on trust and transparency.

Family of Allies:

Beyond training, we build a community of dog lovers who become an extended family. We prioritize forming alliances with our clients, ensuring they feel welcomed, understood, and a cherished part of our supportive circle.

JOURNAL

Puppies Name:

How I visualize my perfect life with my puppy:

My fears about having a new puppy:

How amazing my puppy is:

PUPPY ESSENTIALS CHECKLIST

Crate

**White Noise Machine
(or Alexa)**

Enrichment Toys

**Slip Lead or Flat Collar
with light leash**

Treat Pouch

Cot

Grooming Products

[**SHOP HERE**](#)

WORK FROM HOME SCHEDULE

Puppies 6 months or under

**6 a.m. Rise
and
Shine!**

No really, it's time to shine! Your puppy vibes off your energy, so give yourself a little extra time in the morning. If your puppy is still getting a potty break in the middle of the night, you have some time to get your coffee. Don't rush to let your puppy out. Take a deep breath, journal, give yourself fifteen minutes, and clear your mind before going to get your puppy

**6:30 am
Wakey
wakey**

Grab your puppy's kibble for the morning, toss it into a zip lock bag, and go get your puppy. Be sure they are being patient exiting the crate, put on your slip leash, and head out to go potty. Stay with your puppy. Reward them when they go and from here head right into an engagement session. Work on saying their name when they make eye contact say yes and reward with kibble. Do about five minutes and then play time

**8-11:
nap
time!**

Puppies need a TON of sleep! They need time to rest and recharge. Napping on the floor isn't nearly as fulfilling as uninterrupted sleep in their crate. You can take the remaining kibble from your morning training sesh and feed that or feed enrichment such as a stuffed toppl

**11-12:
Lunch
Time**

Potty time! Grab your puppy's lunch in a zip lock bag and grab your pup to go potty, Make sure you are working on engagement and respecting thresholds on your way out. This is a great time to work on engagement again, and recall games! You can also add in some luring and place work

**12-1:
Break
time!**

Allow your puppy to have some supervised free time. Keeping your slip leash attached to help your puppy make good decisions. Grab yourself some lunch a well!

These times can be adjusted this is just an example

WORK FROM HOME SCHEDULE

Puppies 6 months or under

**1 pm:
Nap
time
(again)**

Down time! Time for some more nap time in the crate. Did I say that puppies need a ton of sleep? You can feed the remainder of their lunch in the crate as well.

**5 pm:
Family
Time**

I am more focused on the quality of the walk than the quantity. Don't worry about walking miles to "tire" your puppy out. Instead, work on your engagement and leash drills. Keep your session for about five minutes, and then play! This is a good time to incorporate the rest of the family since they should be home

**6 pm:
Dinner
time!**

Feed your puppy in their crate or play area while you and your family catch up and enjoy a meal together. After your pup is done let your puppy have some supervised time with the family.

**7 pm:
slow
down**

Turn on some ninety-day fiance and chill! This is the time to relish in the short time they will be a puppy! Get in those nose boops, selfies, and puppy breath. I will usually pick up their water at this time.

**9:30
Bed time!**

Last potty break for the evening unless your pup still needs a midnight potty break. Kennel up & get a good night's sleep! I generally do not kennel puppies in my room; I need to be well-rested to be at my best for them.

These times can be adjusted this is just an example

WHAT YOUR PUPPY NEEDS

Routine

(Crate Training)



Engagement

(Attentiveness, Guidance,
Patience)



Enriching Experiences

(Fulfillment)



Clarity

(Your puppy is doing the best they can with the information you are providing)

MEAL TIME

Your pup is growing both physically & mentally! On top of that, you are navigating potty training. I really encourage you to use food intentionally with your pup & recognize how much they are consuming & how much water they are drinking to keep potty breaks frequent enough!

- Use their food for training or enrichment**

- Feed their meals in their crate or puppy area. Give them 20 minutes and remove the bowl**

- Leave your puppy alone while they eat!**

- Stop water intake about two hours before bed time**

- Gut health matters! Look into your food. Check out www.dogfoodadvisor.com**

***Don't be a bully**

**Please do not bother your pup while they are eating!
No petting, no sticking hands in bowls, nada, zilch zip!
This can encourage resource guarding**

REAL TALK



Puppies generally can hold it about their age. in months. When potty training puppies in our program, I take them out approximately every two and half hours. I keep a journal of when they go out and what they did so anyone also caring for the puppy can keep track of any trends.



If you don't work from home you are going to have to find someone to help you during these early stages. Puppy pads will only ENCOURAGE your puppy to go indoors. before your puppy even comes home have a plan in place for puppy care while you work.



Get the right size crate! If you get a crate that is too large your puppy will go potty on one side and sleep on the other. I know, I know, its a crate he will outgrow! Check Facebook marketplace for a used one, be sure to bleach it thoroughly before use

RELEVANCE

rel-e-vance

noun: relevancy

the quality or state of being closely connected or appropriate.

Marker Words?

Marker words are our way of communicating to our dogs. A job well done! Or to try again. It builds relevancy, engagement and can be extremely useful down the line. I like to use the puppies name in front of each marker word.



NO OR NOPE

Try again and help your puppy make the right choice. Don't let them struggle. Direct, do not correct.



YES

You did it! This is always followed with reward. I often will use yes for redirection.



GOOD

I like that! Keep going!



FREE

WEEEEEE!!!! you do you boo! Let's party. You did a great job and we are on break

SOCIALIZATION



Perfect Scenerio

You and your bestie got puppies! Get them together to play. Be mindful of body language and advocating for your puppies. Give them information on how to be a good play partner. Be present at the moment and have treats available to reward good behavior.



Proper socialization is learning how to be neutral in our world. Contrary to belief your puppy doesn't have to like everyone. We don't even like everyone.

It's a date!

Once your puppy is fully vaccinated, and you have great relevancy at home, now might be the time to start looking for like-minded people to walk with! You can search for community pack walks in your area, or make a coffee date with a friend.



Your friends are doing the best they can, with the information you're giving them. **Be an advocate for your dog.** If your dog is shy do not MAKE them say hi to the weird uncle. I believe in consent. Ask your dog, "want to say hi?" if their body language is clearly indicating a hard no. Honor that!

GO SAY HI!

MYTH:

My puppy needs to meet as many humans as possible of all different backgrounds.

FACT:

Negative ghost rider. Your puppy needs to learn to be indifferent. We don't run up to everyone in the grocery store with excitement; that would be weird. What we do is walk by indifferent to the situation. Our dogs need to do the same.



TRAINER TIP:

Choose interactions your puppy will gain something from. Visiting the vet without getting shots, short trips to the groomer etc.

OBEDIENCE

Basic Commands:



NAME



DOWN



SIT



RECALL



TRAINER TIP:

Teaching your puppy a bunch of obedience right away is not your focus.

OBEDIENCE

The name game: Relevancy

You will want a quiet space to start this. Whenever you say your puppy's name, and they make eye contact, YES! Reward with a treat. This is great in the morning with their kibble. When puppies are in my program, I do this multiple times a day. Got it down? Start adding more distracting environments.

Recall Games:

This is a fun one to do with your children. Restrain your puppy, have someone on the other end of the room or house, and have them call your puppy. Reward with food and go back and forth. Suppose your puppy loses interest along the way. You are too far apart. This wears them out fast! Be a cheerleader!

I have trained hundreds of puppies and the ones I started with this at 8 weeks of age had a solid recall all the way into adulthood.

Go Chill/Place:

You can just work on getting your puppy to get their body on their cot. You can work up to the duration later. If your puppy is scared of the cot. Flip it over until your puppy is walking across it effortlessly.

Wait:

Make your puppy wait when exiting the crate, a door, etc. Reinforce with food and shutting the door if they start to barge through. This will teach respect for thresholds.

TRAINER TIP:

Have small treat jars all over the house so you can reward good behavior quickly and anywhere! I just fill them with kibble

MY GO-TO REWARDS

(it's not what you think)

Kibble! I will pour a puppies entire daily food into a cup and use it throughout the day for obedience work.



Yup! They are great in the car, gentle on the stomach, cheap and not sticky!

My other go-to's:

- Cheese
- baby squeeze food
- boiled unseasoned chicken
- frozen pumpkin from the can
- hot dogs
- broken into treats
- string cheese



***You do not need fancy treats to train your dog!**

Q&A



1

How do I get my puppy to tell me he has to go?

You don't. You must have a schedule and give them plenty of potty breaks.

If your puppy has an accident that is your accident not your puppies.



2

At what age do you start: "go chill"?

Right away! I don't focus on duration until they are about five- six months of age.

TRAINER TIP:

Your sessions should be short and sweet! Always end with your puppy wanting more!

Q&A



How do I stop my puppy from jumping?

Make sure you are not petting them. Step into their space. Use a leash to redirect them to more appropriate responses.

I always have a leash attached and dragging to make it easier to reinforce behaviors.



What should I do with a scared puppy?

Give your puppy guidance and lead them through. Their fear is real. Don't coddle them either love them by leading them through the hard



TRAINER TIP:

Always have your puppy on a leash.

Q&A

5

Nipping?! HELP!

First genetics. There are some breeds more prone to nipping than others. Too long out without a nap. Puppies need about 22 hours of sleep. When they start nipping they are ready for nap time!





FOR THE

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www.oroilledogtraining.com

Need additional support with your puppy?

OUR SERVICES INCLUDE:

Virtual coaching

Board and Train Retreats

Puppy Pre-K Training & Kindergarten

Private In-Person training

Behavior Modification Retreats

and more!

Visit our website www.oroilledogtraining.com to see all of our services and how we can best support you and your canine companion.

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