

**New Year's Eve
Best Year Ever
2024 journaling
DOG EDITION**



Inspired by: Mel Robbins

HAPPY NEW YEAR!

Happy New Year!

This journaling does not have to be geared toward your dog; please apply it to any aspect of your life. Grab your phone, tho we are going to use it!

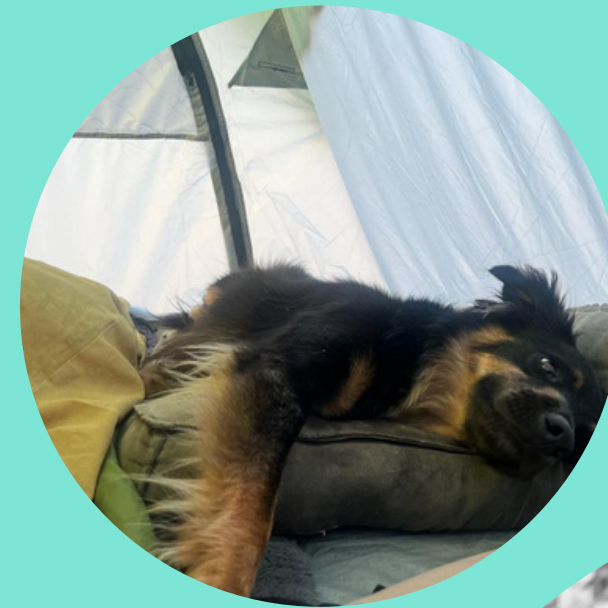
 My journaling rules are:

I don't date my journal. I try to do it daily, but I don't feel guilty if I would rather watch a movie with my family.

Before we start, I want you to review your phone album or social feed and reflect on your year.



WHAT ARE SOME HIGHLIGHTS FROM 2023 WITH YOUR DOG?



Look back on 2023 what stands out to you?
If you have to get some help from your camera role

WHAT WERE SOME OF THE HARDEST ASPECTS OF LIFE WITH YOUR DOG



WHAT DID YOU
LEARN ABOUT
YOURSELF AND
YOUR DOG THIS
YEAR



WHAT ARE SOME THINGS YOU WANT TO STOP DOING IN 2024



WHAT ARE SOME THINGS YOU WANT TO KEEP DOING IN 2024



THANK YOU

These are not my everyday prompts! If this is something you connected with, watch social media for a way to receive a copy of my daily journaling guide

This is the type of community we are building in our K9 Guardian membership! If you are interested in joining a community Please let me know!

